

## Springhead Medical Centre

Springhead Medical Centre is a large and well-established GP practice, we have been a doctor's surgery in Hull for almost 70 years. We largely serve residents in the Derringham Ward of Hull and residents in Anlaby and Willerby in the East Riding of Yorkshire. Based in a converted house at 376 Willerby Road. Over the years, we have expanded into 374 Willerby Rd with extensions added to 376 Willerby Road. We have also converted 797/799 Hotham Road South in 2010 to accommodate our growing list of patients. There are now plans for our practice to relocate to allow the practice to be based on one site.

We are proud to be a teaching practice and regularly have medical and nursing students working in our practice.

[View the e-consult website](#)

### Useful Documents

Accountable GP: About our policy on which GP is responsible for your care.

Zero Tolerance Document: Our policy against aggressive behaviour, physical and verbal abuse.

Patient Charter: A description of the standards of service you can expect from us.

How we use your data: How and why we use your personal data.



Springhead Medical Centre, 374 / 376 Willerby Road, Kingston Upon Hull, North East | HU5 5JT  
Phone: 01482 352263

## Opening Times

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Monday:	8.00am - 6.30pm Pre-bookable appointments from 6.50am
Tuesday:	8.00am - 6.30pm Pre-bookable appointments from 6.50am
Wednesday:	8.00am - 6.30pm Alternate weeks open until 7.30pm Pre-bookable appointments from 6.50am
Thursday:	7.00am - 6.30pm Alternate weeks open until 7.30pm 8.00am - 6.30pm
Friday:	Pre-bookable appointments from 6.50am
Saturday:	Closed
Sunday:	Closed

If you are a patient and require repeat medication, please email:  
[HULLCCG.B81056-Prescriptions@nhs.net](mailto:HULLCCG.B81056-Prescriptions@nhs.net)  
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### **Out-of-hours**

If you need medical assistance outside of the working hours above, patients are advised to contact NHS 111 for medical assistance or 999 in case of a medical emergency.

### **Elderly and Housebound Patients**

We have a dedicated telephone number available for Elderly and Housebound patients between 8.30am and 12.30pm Monday – Friday. If you are Elderly or Housebound please contact us on 01482 755438

## Our Services

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### New Patient Checks

All new patients are invited to have an initial health check to enable us to obtain details of past medical problems and provide better care.

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### Children's Health

Childhood immunisation and vaccination clinic - held every week on Tuesdays and Thursdays by Sisters Jackie Burnett and Heidi Teyen. Appointments will be sent by the Vaccination & Immunisation Team at Victoria House for parents to attend with their children. Please let us know if you cannot attend and we can rebook your appointment easily.

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### Diabetes/Heart Disease/Stroke/Asthma

Patient reviews are held annually (to coincide with date of birth) by Srs Jackie Burnett and Heidi Teyen  
GP Lead for Diabetes - Dr G J Curran  
GP Lead for Heart Disease/Stroke

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### Family Planning

A full family planning service is offered by the Practice including the fitting of coils and contraceptive implants. Advice on family planning matters is available from the Doctors during normal surgery. For urgent advice on the morning after pill please telephone Brocklehurst Pharmacy on Willerby Road (Tel No 352075) or Wold Road (Tel No. 572659).

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### Minor Surgery

Held by Dr Cassim/Dr Tufail, the practice is fully equipped to undertake a wide range of surgical procedures, providing a convenient option that enables patients to avoid the delays frequently encountered at hospitals.

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### Well Person Check

For patients who would like general health check, an appointment can be arranged for this service with one of our Practice Nurses.

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## **Cancer Care Service**

Following an initial cancer diagnosis, we aim to provide the continuing care and support that you want. Carol and Christine have knowledge of the support services available.

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## **District Nurses**

The District Nursing Teams come into the Practice most days and liaise closely with the doctors, when problems are discussed and treatment plans worked out.

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## **Non-NHS Medical Services**

Medical examinations for life assurance, employment purposes, public services vehicle and heavy goods licensing are available by special appointment.

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## **Practice Nurses**

The Practice Nursing Team advise on travel immunisation and general health matters. They offer chronic disease management, cervical smears, ear syringing and blood pressure checks, family planning, blood tests, ECG's etc. They also assist the doctors with minor surgery. The Practice Nursing Team is also available for advice on many health related matters - providing an alternative to an appointment with the GP.

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## **Health Visitors**

Your Health Visitors are able to advise on general health matters. They are particularly concerned with children below the age of 5 years. They are also available for "crisis" visits. The Health Visitors are now based at the Calvert Health Care Centre, Calvert Lane, Hull.

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## **Complementary Medicine (by private appointment)**

Acupuncture - clinic held every Friday afternoon by registered acupuncturist, Mr Michael Ward, MBACc., MRTCM.  
Telephone: 01723 890157.

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## Meet The Team

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**Dr Gary James Curran**



**Dr Elizabeth May Dobson**



**Dr Rukhsana Jamali**



**Dr Naushad Cassim**



**Dr Musarat Tufail**



**Dr Bushra Ali**



**Dr Jenny DeSai**



**Sister Jacqueline Burnett**



**Sister Heidi Teyen**



**Sister Tonya Marston**



**Staff Nurse Laura Thompson**



**Gaynor Bonner**



**Judith Carter**



**Mrs Amanda Stevenson**



**Miss Laura Stevenson**



**Miss Kerryyn Jackson**



**Mrs Jayne Mudd**



**Mrs Carol Lambert**

**Mrs Christine Walker**

**Mrs Janine Smailes**

**Mrs Jill Shann**

**Ms Heather Shields**

**Mrs Lisa Lambert**

**Miss Sarah Gladwin**

**Miss Santana Saxby**

**Ms Edwina Hadi**

**Ms Lisa Naylor**

**Mrs Jayne Major**

**Miss Chantelle Smith**

**Miss Claire Brooke**

**Mrs Hazel Larkin**

**Mrs Karen Fell**

**Ms Zoe Jordan**

**Mrs Amy Brown**

**Mrs Jane Anson**

**Mr Henry Curran**

**Ms Fiona Inglis**

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