

# Springhead Medical Centre

ONLINE SERVICES : To find out about online services please see this document [NHSE Online Services](#)

[Patient Guide](#)

If you decide you want to register - please download and bring in a Registration Form along with ID [Online Services Registration Form Sept 18](#)

Springhead Medical Centre is a large and well-established GP practice, we have been a doctor's surgery in Hull for almost 70 years. We largely serve residents in the Derringham Ward of Hull and residents in Anlaby and Willerby in the East Riding of Yorkshire. Based in a converted house at 376 Willerby Road. Over the years, we have expanded into 374 Willerby Rd with extensions added to 376 Willerby Road. We have also converted 797/799 Hotham Road South in 2010 to accommodate our growing list of patients. There are now plans for our practice to relocate to allow the practice to be based on one site.

We are proud to be a teaching practice and regularly have medical and nursing students working in our practice.

## **Useful Documents**

For a copy of our latest Practice Booklet click here [New Design Booklet - March 18](#)

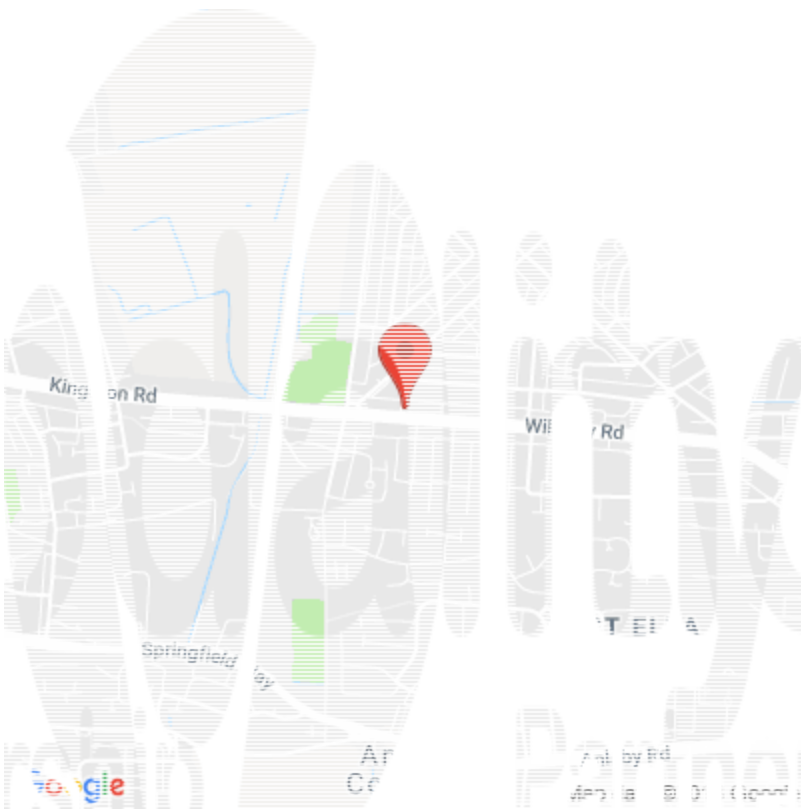
To register at the Springhead Medical Centre you must live within our practice area - an illustration can be found here [Practice Area](#)



Springhead Medical Centre, 374 / 376 Willerby Road, Kingston Upon Hull, North East | HU5 5JT  
Phone: 01482 352263

## Opening Times

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Monday:	8.00am - 6.30pm Pre-bookable appointments from 6.50am
Tuesday:	8.00am - 6.30pm Pre-bookable appointments from 6.50am
Wednesday:	8.00am - 6.30pm Alternate weeks open until 7.30pm Pre-bookable appointments from 6.50am
Thursday:	7.00am - 6.30pm Alternate weeks open until 7.30pm
Friday:	8.00am - 6.30pm Pre-bookable appointments from 6.50am
Saturday:	Closed
Sunday:	Closed

If you are a patient and require repeat medication, please email:

[HULLCCG.B81056-Prescriptions@nhs.net](mailto:HULLCCG.B81056-Prescriptions@nhs.net)

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### **Out-of-hours**

If you need medical assistance outside of the working hours above, patients are advised to contact NHS 111 for medical assistance or 999 in case of a medical emergency.

### **Elderly and Housebound Patients**

We have a dedicated telephone number available for Elderly and Housebound patients between 8.30am and 12.30pm Monday – Friday. If you are Elderly or Housebound please contact us on 01482 755438

## Our Services

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### Online Services - SystmOnline

You can make an appointment, order repeat medication and view your medical record, online with SystmOnline.

You will have to complete an online registration form and bring in ID - one with your photo on and others proving your address

You will have to complete and online Registration Form

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### Children's Health

Childhood immunisation and vaccination clinic - held every week on Tuesdays and Thursdays by our Practice Nurses.

Appointments will be sent by the Vaccination & Immunisation Team at Victoria House for parents to attend with their children. Please let us know if you cannot attend and we can rebook your appointment easily.

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### Travel Vaccinations

We do provide a travel vaccination service. You MUST contact us well in advance of travelling.

You have to attend for an assessment with our nurses first and they may identify vaccinations you need that must be ordered. You may then need another appointment for the nurses to give you the vaccinations.

Not all Travel Vaccinations are free and you may be charged the cost of the vaccines and a fee for administration

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### Family Planning

A full family planning service is offered by the Practice including the fitting of coils and contraceptive implants. Advice on family planning matters is available from the Doctors during normal surgery. For urgent advice on the morning after pill please telephone Brocklehurst Pharmacy on Willerby Road (Tel No 352075) or Wold Road (Tel No. 572659).

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### Minor Surgery

Held by Dr Cassim, the practice is fully equipped to undertake a wide range of surgical procedures, providing a convenient option that enables patients to avoid the delays frequently encountered at hospitals.

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### Chronic Disease Management Clinics

Patient reviews are held annually (to coincide with date of birth) by our Practice Nurses

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## Home Visiting Team

If you ring for a home visit your request will be reviewed by one of our GPs. They may decide to send a member of our Home Visiting Team to see you. The team is made up of health professionals who can assess you condition and report back to the GPs

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## Cancer Care Service

Following an initial cancer diagnosis, we aim to provide the continuing care and support that you want. Carol and Christine have knowledge of the support services available.

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## District Nurses

The District Nursing Teams come into the Practice most days and liaise closely with the doctors, when problems are discussed and treatment plans worked out.

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## Non-NHS Medical Services

Medical examinations for life assurance, employment purposes, public services vehicle and heavy goods licensing are available by special appointment.

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## NHS Health Checks

If you are a Hull patient aged 40 to 74 we can offer you an NHS Health Check. Unfortunately we cannot currently offer this service to patients living in the East Ridng

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## Practice Nurses

The Practice Nursing Team advise on travel immunisation and general health matters. They offer chronic disease management, cervical smears, ear syringing and blood pressure checks, family planning, blood tests, ECG's etc. They also assist the doctors with minor surgery. The Practice Nursing Team is also available for advice on many health related matters - providing an alternative to an appointment with the GP.

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## Health Visitors

Your Health Visitors are able to advise on general health matters. They are particularly concerned with children below the age of 5 years. They are also available for "crisis" visits. The Health Visitors are now based at the Calvert Health Care Centre, Calvert Lane, Hull.

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## Push Dr

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## Meet The Team

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**Dr Gary James Curran**



**Dr Elizabeth May Dobson**



**Dr Rukhsana Jamali**



**Dr Naushad Cassim**



**Dr Musarat Tufail**



**Dr Bushra Ali**



**Dr Ciaran Kelly**



**Sister Jacqueline Burnett**



**Sister Heidi Teyen**



**Sister Tonya Marston**



**Staff Nurse Laura Thompson**



**Staff Nurse Stacie Larsen**



**Gaynor Bonner**



**Kirsty Balfour**



**Amanda Lennox**



**Laura Stevenson**



**Sandra Coulman**





**Carol Lambert**



**Janine Smailes**



**Lisa Lambert**



**Santana Saxby**



**Chantelle Baker**



**Claire Wardhaugh**



**Karen Fell**



**Zoe Jordan**



**Amy Brown**



**Fiona Inglis**



**Vicky Hopkins**



**Phoebe Hoe**



**Mandy Thorn**



**Chloe Hayzelden**



**Danielle Leedham**



**Sheridan Needler**



**Emma Nicholson**



**Rosemary Wood**

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